Registration Form

Wild Food Summit

June 19-21, 2008

First Name: _____ Last Name: _____

Address: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone 1: (____) _____ - _____ Phone 2: (____) _____ - _____

Email: _____ New or returning? _____

Please Type or Print legibly. We need names and contact information for each person attending.

Payment enclosed: Check _____ Money Order _____ Pay Upon Arrival _____

Interested in a Scholarship? Contact: 218-935-0417 ex 312, 313 or 314

WHITE EARTH TRIBAL & COMMUNITY COLLEGE EXTENSION SERVICE

WETCC Extension
P.O. Box 478
Mahnomen, MN 56557

Phone: 218.935.0417
Extensions 312, 313, or 314
E-mail: wildfoodsummit@wetcc.org

Learn to identify and prepare wild plants with these Wild Food Enthusiasts

Rose Barlow—Forager & Herbalist.
Steve Dahlberg—Locavore & Naturalist.
Matt Mattson— Archeologist & Biologist.
Francois Medion— Chef & Bread Artisan.
Sunny Savage– Nutritionist & Wild Food Educator.
Sam Thayer—Author & Locavore.
Kathleen Westcott—Herbalist.
Stephanie Williams—Herbalist & Locavore.

Mother Earth is Bountiful

Wild rice and maple syrup are wild food traditions that have been well preserved in Ojibwa country. Chokecherries, wild leeks, serviceberries, , and fiddleheads also remain fairly well-known. However, many foods which were once regular items in the Native diet such as wapato, thistle, basswood, jerusalem artichoke, and milkweed have become obscure. We will identify, harvest and prepare many of these delicious, healthy traditional foods, and discover how they can be easily added to our diets.

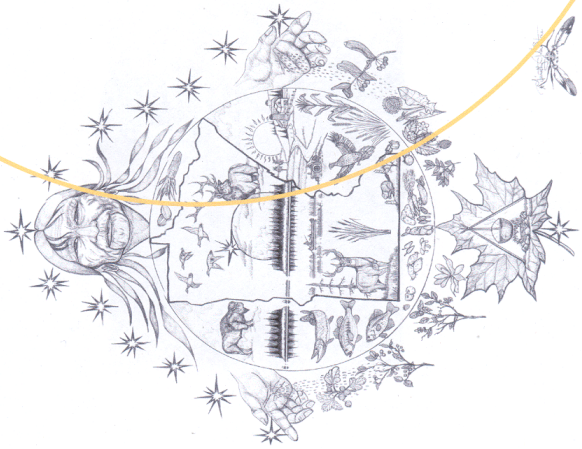
We will forage for our foods and meals are prepared outdoors using primitive methods. We hope to do some outdoor baking and pit cooking.

Explore utilitarian and medicinal uses our wild plants offer.

WILD FOOD SUMMIT III

June 19 - 21, 2008

On White Earth Lake



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